Truck Drivers, Heavy and Tractor-Trailer

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What They Do

Heavy Truck and Tractor-Trailer Drivers drive trucks or vans with a capacity of at least 26,000 pounds gross vehicle weight. Before leaving the terminal or warehouse, Drivers check the fuel level and oil in their trucks. They also inspect the trucks to make sure the brakes, windshield wipers, and lights are working and that a fire extinguisher, flares, and other safety equipment are aboard and in working order. Drivers make sure their cargo is secure. They report equipment that is inoperable or loaded improperly to the dispatcher. Heavy Truck and Tractor-Trailer Drivers transport goods including cars, livestock, and other materials in liquid, loose, or packaged form. Many routes cover long distances from city to city. Some companies use two Drivers on longdistance runs. One person drives while the other Driver rests in a berth behind the cab. These long runs may last for many days, with stops only for fuel, food, loading and unloading.

Long-distance Heavy Truck and Tractor-Trailer Drivers spend most of their working time behind the wheel, but may load or unload their cargo after arriving at the final destination. This is especially common when Drivers haul specialty cargo, because they may be the only one at the destination familiar with the procedures to handle the materials. After these Drivers reach their destination or complete their operating shift, the U.S. Department of Transportation requires that they complete reports detailing the trip, the condition of the truck and the circumstances of any accidents. Drivers are also subject to random alcohol and drug testing while they are on duty.

Tasks

Truck Drivers, Heavy

- Drive truck with capacity of more than 3 tons to transport and deliver cargo, materials, or damaged vehicles.
- Maintain radio or telephone contact with base or supervisor to receive instructions or be dispatched to new location.
- Maintain truck log according to state and federal regulations.
- Keep record of materials and products transported.

Tractor-Trailer Truck Drivers

Drive tractor-trailer combination, applying knowledge of commercial driving regulations, to transport and deliver products, livestock, or materials, usually over long distance.



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- Maneuver truck into loading or unloading position, following signals from loading crew as needed.
- Drive truck to weigh station before and after loading, and along route to document weight and conform to state regulations.
- Maintain driver log according to Interstate Commerce Commission regulations.

Detailed descriptions of these occupations may be found in the Occupational Information Network (O*NET) at online.onetcenter.org.

Important Skills, Knowledge, and Abilities

- Operation and Control Controlling operations of equipment or systems.
- Equipment Maintenance Performing routine maintenance on equipment and determining when and what kind of maintenance is needed.
- Reading Comprehension Understanding written sentences and paragraphs in work-related documents.
- Transportation Knowledge of principles and methods for moving people or goods by air, rail, sea, or road, including the relative costs and benefits.
- Geography Knowledge of principles and methods for describing the features of land, sea, and air masses, including their physical characteristics, locations, interrelationships, and distribution of plant, animal, and human life.
- Mechanical Knowledge of machines and tools, including their designs, uses, repair, and maintenance.
- Law and Government Knowledge of laws, legal codes, court procedures, precedents, government regulations, executive orders, agency rules, and the democratic political process.
- Far Vision The ability to see details at a distance.
- Reaction Time The ability to quickly respond (with the hand, finger, or foot) to a signal (sound, light, picture) when it appears.
- Response Orientation The ability to choose quickly between two or more movements in response to two or more different signals (lights, sounds, pictures). It includes the speed with which the correct response is started with the hand, foot, or other body part.
- Static Strength The ability to exert maximum muscle force to lift, push, pull, or carry objects.
- Near Vision The ability to see details at close range (within a few feet of the observer).
- Spatial Orientation The ability to know your location in relation to the environment or to know where other objects are in relation to you.

Work Environment

Heavy Truck Drivers frequently travel at night, and on holidays and weekends, to avoid traffic delays and to deliver cargo on time. They normally work the most number of hours allowed by federal regulations. Many of the long-haul trips keep Drivers away from home several days at a time. Although recent truck model changes in seating, circulation of fresh air, and equipment for seeing improve safety and driving conditions, Drivers on long trips may face boredom, loneliness, and fatigue. Also, vibration, noise, poor weather conditions, and the need to stay sharp and alert in heavy traffic can cause physical and mental stress for the Driver. Larger companies generally



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provide global positioning systems (GPS) in their trucks. The GPS mapping software improves the working conditions for Drivers by providing the truck's exact location, along with route maps to the next delivery location.

California's Job Outlook and Wages

The California Outlook and Wage table below represents the occupation across all industries.

Standard Occupational Classification	Estimated Number of Workers 2004	Estimated Number of Workers 2014	Average Annual Openings	2006 Wage Range (per hour)
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53-3032	143,500	171,900	5,180	\$14.80 to \$21.38

Wages do not reflect self-employment.

Average annual openings include new jobs plus net replacements.

Source: www.labormarketinfo.edd.ca.gov, Employment Projections by Occupation and OES Employment & Wages by Occupation, Labor Market Information Division, Employment Development Department.

Trends

Employment of Truck Drivers, Heavy and Tractor-Trailer is expected to grow faster than average for all occupations over the 2004-2014 period. The demand for Heavy Truck Drivers will remain strong because the increased use of rail, air, and ship transportation requires Truck Drivers to pick up and deliver shipments. Job opportunities may fluctuate from year to year, because the strength of the economy commands the amount of freight moved by trucks. Employment of Drivers is brisk when the economy is strong. However, layoffs may occur when the economy slows.

Training/Requirements/Apprenticeships

Heavy and Tractor-Trailer Truck Drivers usually follow one of the following training paths:

- High school diploma or equilalent
- Adult Education
- Regional occupational programs
- Vocational schools
- Truck driving schools
- Extensive on-the-job training

Heavy Truck Drivers also must possess a valid California Class A driver's license which requires a good driving record and passing a vision and health examination. After obtaining a Class A license, the Driver must submit a medical form/certification every two years. Job seekers must be at least 21 years of age to drive most commercial vehicles in interstate commerce or to transport hazardous materials. For detailed information about how to obtain a Class A California driver's license, contact the California Department of Motor Vehicles. (Refer to Other Sources of Information.)

Many vocational and truck driving schools offer Heavy Truck Driver training.

Recommended High School Course Work

High School preparation courses in driver training, automotive mechanics, accounting, general business, business mathematics, and computer technology are helpful. Accounting and business classes are particularly helpful for those who plan to enter self-employment.



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Where Do I Find the Job?

Direct application to employers remains one of the most effective job search methods.

Use the Search for Employers by Industry feature on the Career Center page at www.labormarketinfo.edd.ca.gov to locate employers in your area. Search under the following manufacturing industry names to get a list of private firms and their addresses:

- Cement
- Concrete Block and Brick
- Concrete Pipe
- General Freight Trucking, Local
- Motor Vehicle Towing
- Other Concrete Product

- Other Support Activities, Road Transport
- Ready-Mix Concrete
- Specialized Trucking, Local
- Specialized Trucking, Long-Distance
- Used Household and Office Goods Moving

Search these **yellow page** headings for listings of private firms:

- Brokers, Motor Transportation
- Delivery Service
- Freight Forwarding

- Freight Traffic Consultants
- Trucking
- Trucking Motor Freight

Where Can the Job Lead?

Advancement opportunities for Heavy Truck Drivers are limited. Advancement may entail driving runs that provide increased earnings or preferred schedules and working conditions. Some longdistance Drivers purchase a truck and go into business for themselves. Many of these owneroperator businesses are successful; however, some fail to earn a profit and go out of business. Those Drivers considering self-employment should have a strong business background.

Other Sources of Information

American Trucking Associations www.truckline.com

California Department of Motor Vehicles www.dmv.ca.gov

Professional Truck Driver Institute www.ptdi.org

